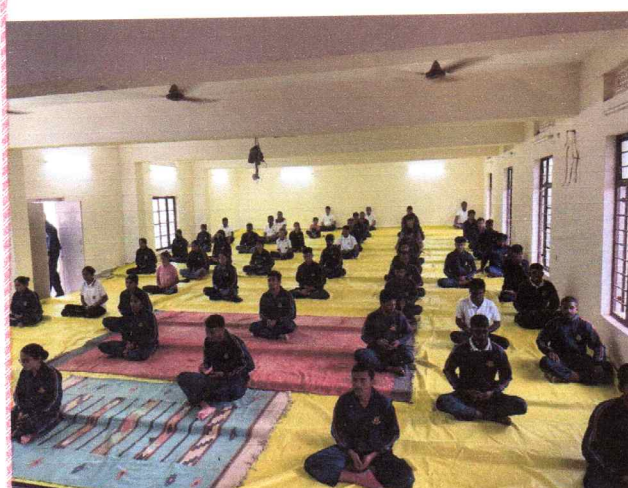
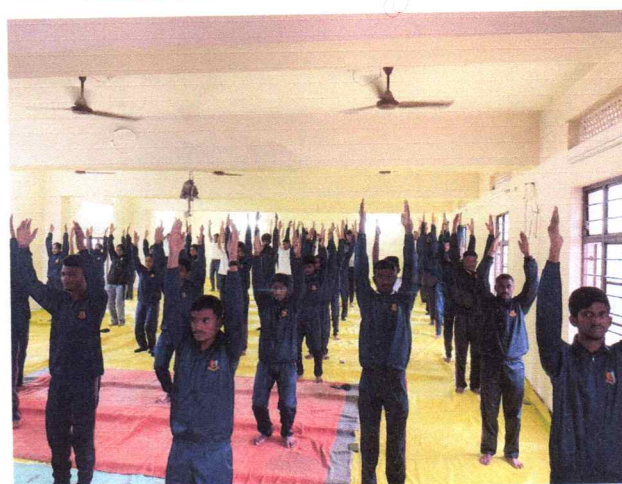
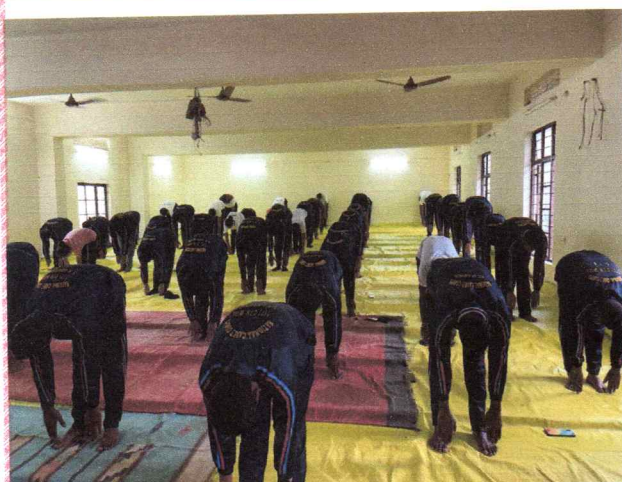
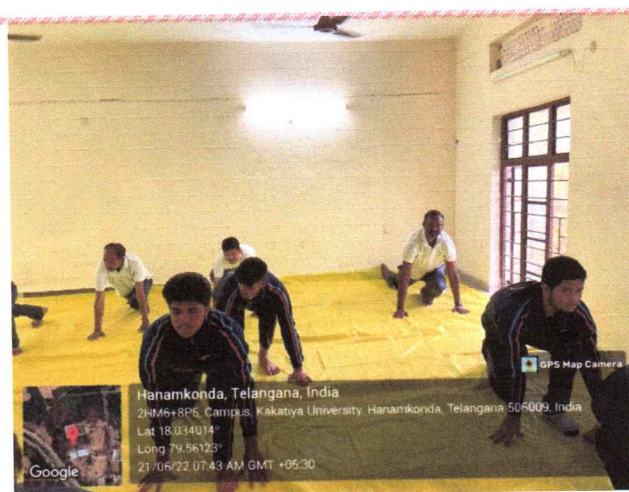
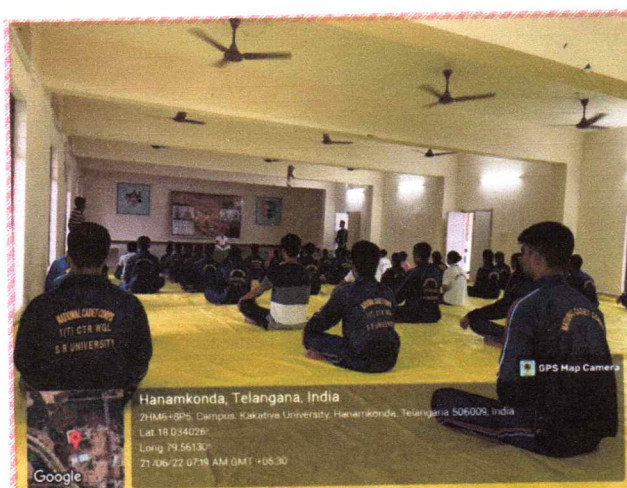


Event : International Yoga Day
Organized by : 1 (T) CTR Bn
Location : Kakatiya University, Warangal
Date : 21 - 06 - 2022





PARTICIPANTS:

S. No.	Regt. No.	Rank	Name of the Cadet	Signature
1.	TS20 SDA 200 272	JUO	VADIKARI KRISHNA TEJA	Krishna Teja
2.	TS20 SDA 200 273	SUO	MANDALA CHARAN	Charan
3.	TS20 SDA 200 274	CPL	A BHARATH KUMAR	Bharath
4.	TS20 SDA 200 277	LCPL	PAKALA HRUTHIK REDDY	Hruthik
5.	TS20 SDA 200 278	CPL	MUPPU JAYANTH	Jayanth
6.	TS20 SDA 200 279	CDT	GUDIBOINA RAHUL SAI	Rahul
7.	TS20 SDA 200 280	CQMS	SYED AKRAMUDDIN	Akramuddin
8.	TS20 SDA 200 285	LCPL	PAKA VAMSHI	Vamshi
9.	TS20 SDA 200 292	CPL	BHUKYA SHASHI KUMAR	Shashi
10.	TS20 SDA 200 298	LCPL	KAMPELLE ANVESH	Anvesh
11.	TS21 SDA 200 294	CPL	ROHAN SAI AMPATY	Sai
12.	TS20 SDA 200 299	CPL	BATTHULA ANIL KUMAR	Anil
13.	TS20 SDA 200 302	CDT	PULLURI SAI CHARAN	Sai Charan
14.	TS20 SDA 200 304	LCPL	A SAI CHARAN REDDY	Sai Charan Reddy
15.	TS20 SDA 200 305	CDT	B SATHWIK REDDY	Sathwik
16.	TS20 SWA 200 648	SGT	MILKURI SHRAVANI	Shravani
17.	TS20 SWA 200 650	CPL	B RAKSHITHA	Rakshitha
18.	TS20 SWA 200 651	CDT	BODA SHILPA	Shilpa
19.	TS20 SWA 200 652	CPL	POLU SHASHWITHA	Shashwitha
20.	TS20 SWA 200 653	SGT	SUSHMA SREE MORE	Sushma
21.	TS20 SWA 200 654	LCPL	ENJAPALLI DEEPIKA	Deepika
22.	TS21 SDA 200 270	LCPL	MD AMEER HUSSAIN	Ameer
23.	TS21 SDA 200 272	CDT	POLU.AJAY CHANDRA	Ajay Chandra
24.	TS21 SDA 200 280	CDT	MEDEDHI PAVAN SAI	Pavan Sai
25.	TS21 SDA 200 282	CDT	BOLLAVENA NANDEEP	Nandeep
26.	TS21 SDA 200 286	CDT	SURYANENI RAHUL RAO	Rahul
27.	TS21 SDA 200296	CDT	MATTEPALLI RITESH	M. Ritesh
28.	TS21 SDA 200298	LCPL	AJMEERA PAVAN SAI	Pavan Sai
29.	TS21 SDA 200299	LCPL	S SRAVAN KUMAR	S. Sravan
30.	TS21 SDA 200 300	CDT	B ANIL KUMAR YADAV	Anil Kumar
31.	TS21 SDA 200 301	CDT	CHITTAMPELLE NITHIN	Nithin
32.	TS21 SDA 200 302	CDT	KALLEM ARUN TEJA	Arun
33.	TS21 SDA 200 303	CDT	KOKKIRALA AJAY RAO	Ajay Rao
34.	TS21 SDA 200 304	CDT	AMMA PRASHANTH	A. Prashanth
35.	TS21 SDA 200 305	CDT	V SURESH	Suresh
36.	TS21 SDA 200 306	CDT	CH SRIKARAN RAO	Srikaran
37.	TS21 SWA 200640	SUO	DAYYALA TEJASWINI	Tejaswini
38.	TS21 SWA 200641	JUO	K JAGRUTHIPRIYA	K. Jagruthi Priya
39.	TS21 SWA 200643	CPL	DHARAVATH HYMAVATHI	D. Hymanvathi
40.	TS21 SWA 200644	CDT	MUNJA SRIHARSHA	M. Sriharsha
41.	TS21 SWA 200645	SGT	MANCHIKATLA VARSHA	M. Varsha
42.	TS21 SWA 200647	CPL	ADLA KRISHNAVENI	Krishnaveni
43.	TS21 SWA 200648	SGT	BASVA LALITHAVANI	Lalitha



44.	TS21 SWA 200656	CPL	T PADMAMANI	T. Padmamani
45.	TS21 SWA 200657	CDT	BOJJAPALLY SRINIDHI	Srinidhi

CADETS	B2	C
SD	15	10
SW	09	11
TOTAL	24	21

Event Description:

On 21st June 2022, 1(T) CTR Bn organized an International Yoga Day event at Kakatiya University, Warangal. Forty-five cadets participated, practicing yoga to promote physical and mental well-being. The event began with a brief introduction to the significance of International Yoga Day, followed by a yoga session including asanas, pranayama, and meditation.

Experienced instructors guided the cadets through each step, emphasizing the benefits of regular yoga practice. The event concluded with a reflection session where cadets shared their positive experiences, reinforcing the importance of maintaining a healthy lifestyle.

ARef
Capt. T. Padmamani
1(T) CTR Cdr NCC
SR University, Warangal


REGISTRAR
SR UNIVERSITY
(V) Ananthasagar, (M) Hasanparthy
Dt: Warangal - 506371, T.S.